

## Muhammad had a high sense of humour:

He was a very cheerful and optimistic person. People who dealt with him described him as a likable person and at the same time he was venerated and respected. On several occasions he joked with his friends and family members

**During Muhammad's time, racing (as running) was a common activity to have fun. It was narrated that Muhammad was seen several times racing with his wife.**

*(Abu-Dawoud, 2/334, 2578. Ibn-Majeh, 3/149, 1979)*